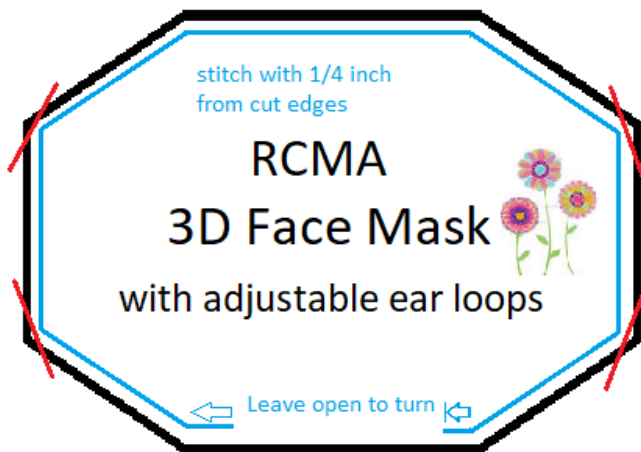


### 3D Facemask Instructions

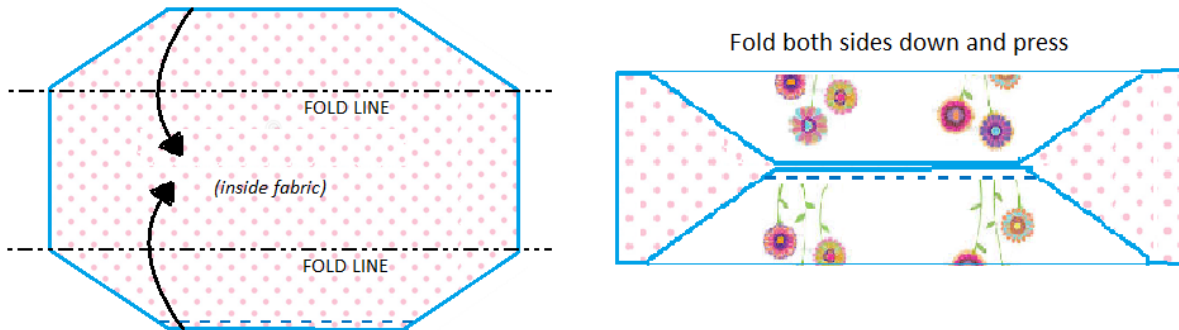
1. Pre-wash all cotton fabric and dry on high heat to prevent shrinking after mask is made.
2. Cut out fabric from pattern provided -- all 3 layers: 2 pieces of 100 % cotton fabric and 1 of a non-woven liner. Non-woven liner can be Pellon type light or medium weight interfacing or a reusable shopping bag fabric (not plastic).
3. Put the 2 fabric pieces right sides together, then the liner/interfacing piece on top. Stitch  $\frac{1}{4}$  inch from all edges, turning at corners, and leaving about  $3\frac{1}{2}$  inch open on bottom long edge. Trim corners.



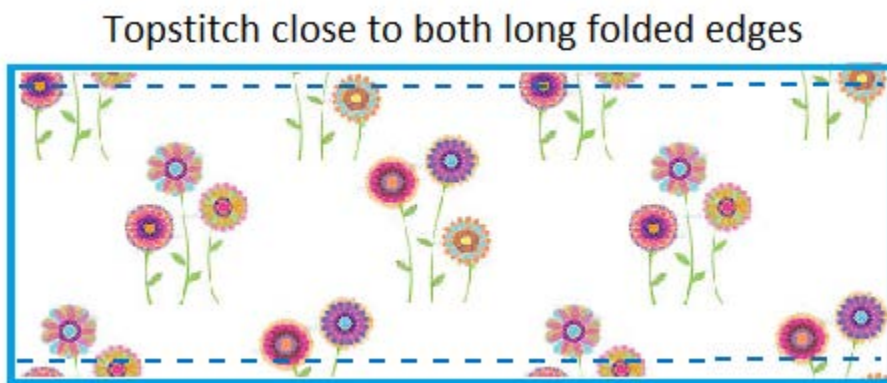
4. Turn right sides out and press, pressing under  $\frac{1}{4}$  inch of both pieces along the opening. Topstitch close to the bottom edge to stitch the opening closed.



- With inside fabric facing up, fold down 2 sides to meet in the middle and press.



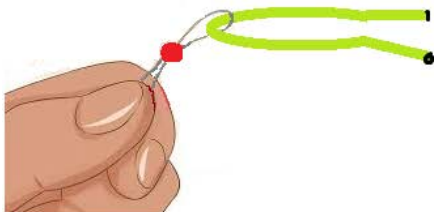
- Topstitch from right side, close to edge (1/8 inch), on both long edges.



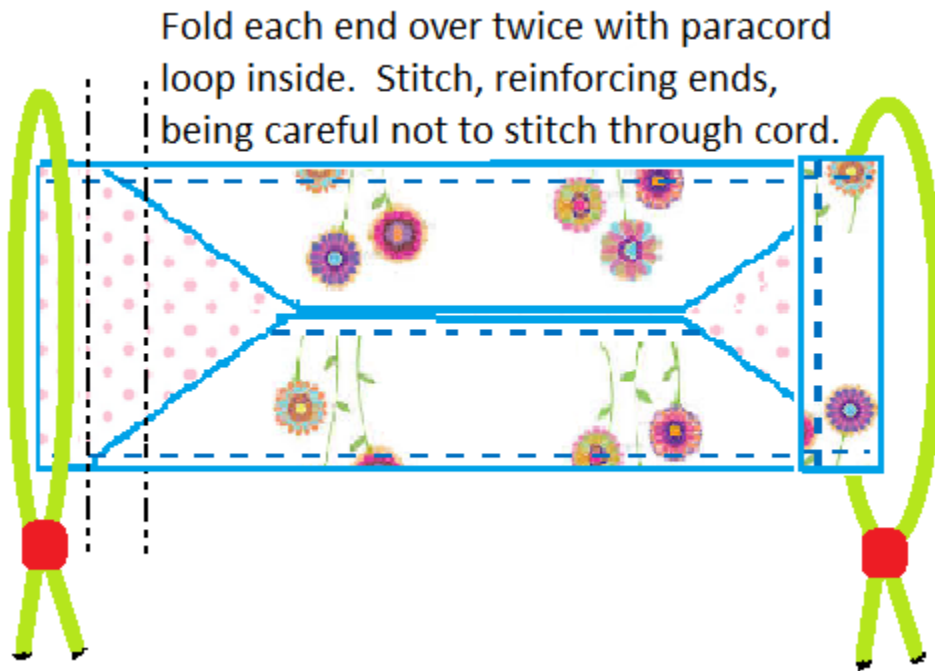
- Cut 2 pieces of paracord (325 or 550) each 16 inches long. Remove inner strings and seal all 4 ends of paracord with flame. Using a piece of the removed string, pull fold of each piece through a pony bead. Move bead near ends.



CUT 2 PIECES OF PARACORD 16 INCHES LONG, REMOVE INNER STRINGS AND SEAL ENDS OF PARACORD WITH FLAME. FOLD IN HALF AND PULL EACH THROUGH A PONY BEAD USING A PIECE OF THE REMOVED STRING. MOVE BEAD NEAR 2 ENDS.



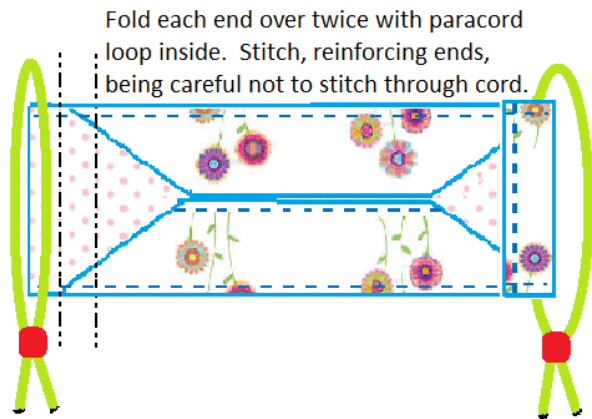
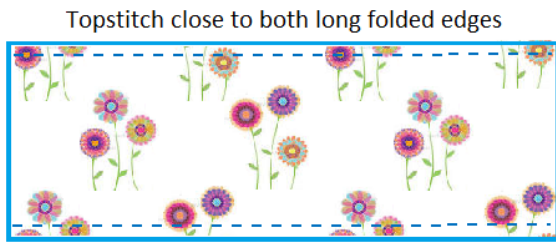
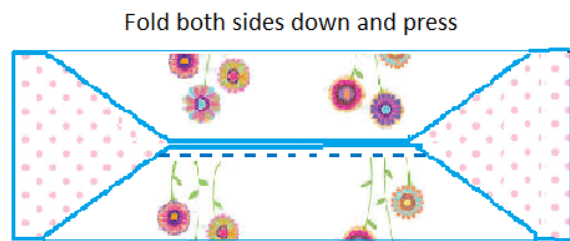
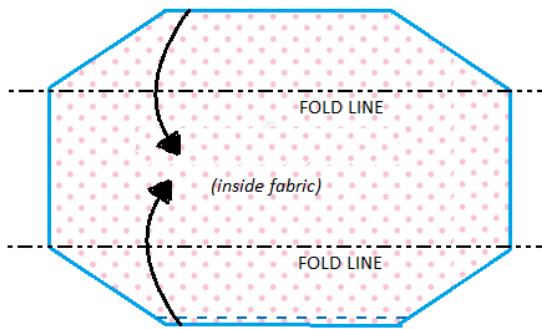
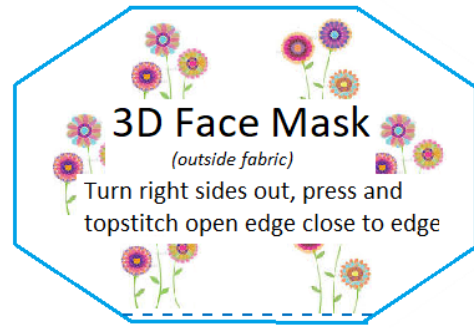
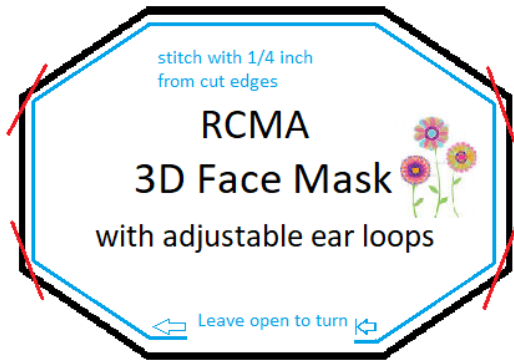
8. Fold each end of mask over twice with paracord loop inside. Stitch, reinforcing ends, being careful not to stitch through paracord.



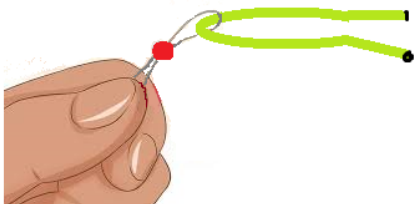
To put on, unfold nose flap and place on face, then put loops around ears. Unfold chin piece and adjust bead for comfort around ears.

Remove with ear loops, allow to refold.  
Wash in lingerie bag in washer and dry.





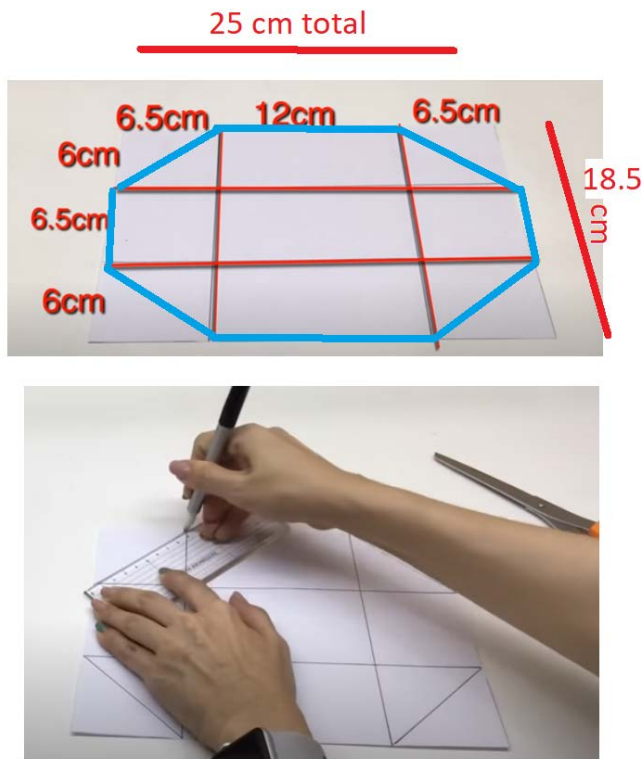
CUT 2 PIECES OF PARACORD 16 INCHES LONG, REMOVE INNER STRINGS AND SEAL ENDS OF PARACORD WITH FLAME. FOLD IN HALF AND PULL EACH THROUGH A PONY BEAD USING A PIECE OF THE REMOVED STRING. MOVE BEAD NEAR 2 ENDS.



Similar 3D version Face Masks

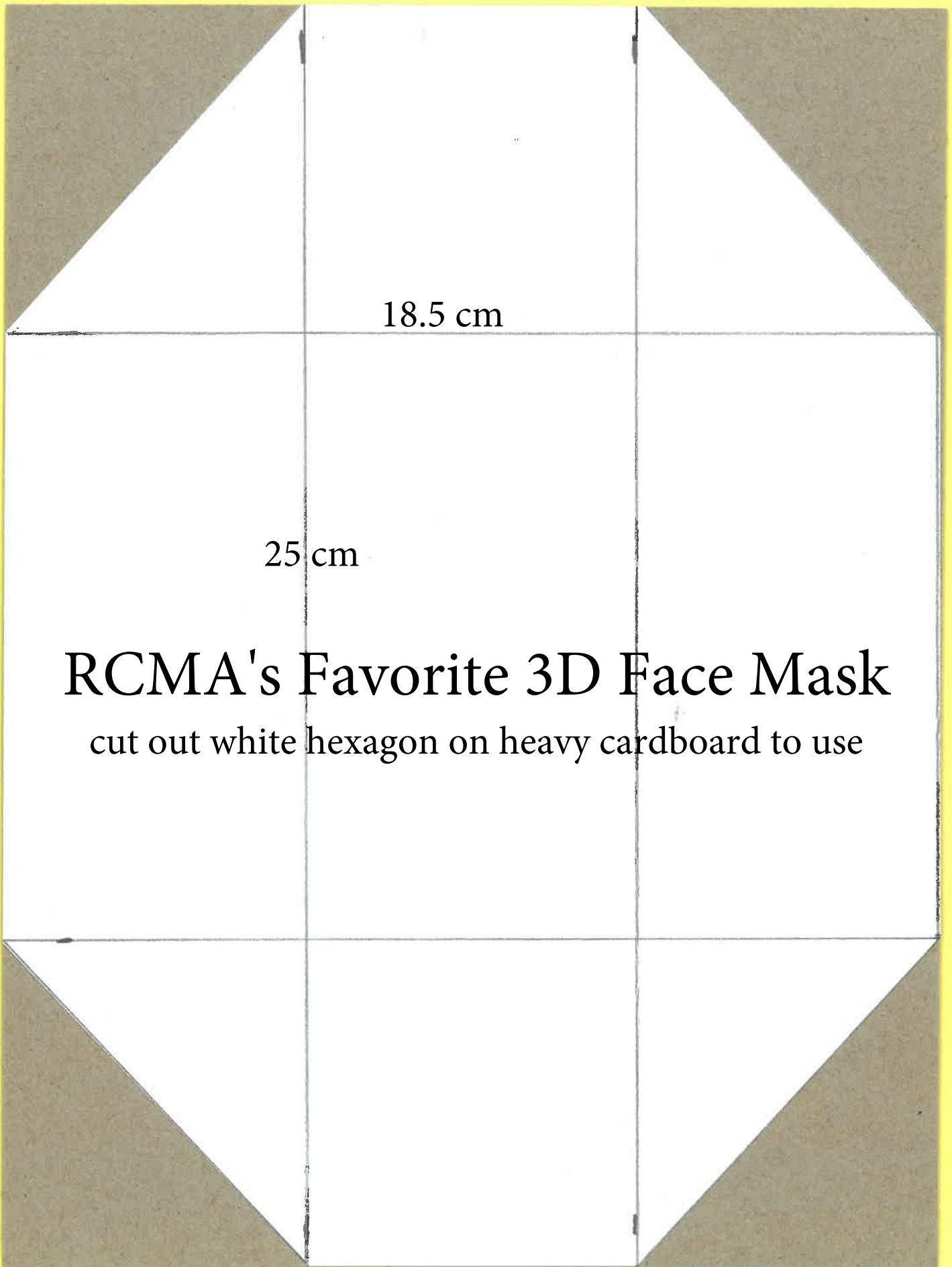
Original: <https://www.youtube.com/watch?v=ohFxd7WyoQk>

Has other sizes: [https://www.youtube.com/watch?v=bExe\\_J7cxJk&t=504s](https://www.youtube.com/watch?v=bExe_J7cxJk&t=504s)



Cut pattern out of stiff cardboard to trace or use with a rotary cutter.

Double check next page (full size) pattern measurements (25 cm X 18.5 cm) to make sure your printer hasn't resized while printing.



18.5 cm

25 cm

# RCMA's Favorite 3D Face Mask

cut out white hexagon on heavy cardboard to use

Yellow border not part of pattern